

MEET THE MEDICAL EXPERTS:

DENTISTS

Bluffton Center for Dentistry Pages S86-S87

Coastal Dental Surgery..... Page S79

Coastal Dentistry PC..... Page S81

Coastal Oral and Maxillofacial Surgery..... Page S82

Cohen Dental Center Page S80

Mark N. Dye, DMD LLC..... Page S78

Howard Family Dental Midtown..... Page S84

Howard Family Dental Pooler..... Page S85

Howard Family Dental Southside Page S84

Howard Family Dental Wilmington Page S85

Savannah Dental..... Page S82

Savannah Perio and Implants Page S83

Photography by: Kelli Boyd, Teresa Earnest, Christine Hall and Katie McGee



Mark N. Dye, DMD

MEDICAL DEGREE: Doctor of Dental Medicine, Tufts University School of Dental Medicine, Boston, Massachusetts

RESIDENCY: General Practice, Tufts University School of Dental Medicine

ORGANIZATIONS: American Dental Association, Georgia Dental Association, Dental Organization for Conscious Sedation, American Academy of Cosmetic Dentistry

Mark N. Dye, DMD LLC
310 Eisenhower Drive, Building 14
912-355-2424 | thesavannahdentist.com

I'M MOST EXCITED ABOUT:

Now offering the Chao Pinhole Surgical Technique (PST), a scalpel-free, suture-free procedure for treating gum recession. This procedure is performed by making a small hole with a needle in the gum tissue. Using specially designed instruments, the gum tissue is loosened and guided over the receded part of the tooth. Since there is no incision or suturing, patients can expect minimal postoperative symptoms. Most patients also are pleasantly surprised by the instant cosmetic improvement.

MY PHILOSOPHY ON

DENTISTRY IS: If it isn't broken, then don't fix it! We take pride in offering quality cosmetic and general dentistry to our patients, but one of the things our patients seem to appreciate most is that we do not push unwanted procedures on them. No high-pressure sales here!

MY PATIENTS WOULD DESCRIBE MY CHAIRSIDE MANNER AS:

Professional and caring with a sense of humor. Our practice caters to high-fear dental patients, and we offer oral conscious sedation to help them

through difficult appointments. However, quite often we find that a good laugh helps to put a patient at ease and make for a more relaxed environment.

AFTER A STRESSFUL DAY, I UNWIND BY: Putting on my running shoes for a run around Daffin Park, or I like to take a family stroll with our dogs, Piper and Beatrice, under the great live oaks that line Washington Avenue.

I LOVE SIPPING: A delicious, cold-pressed juice from Savannah Squeeze!



WALKER T. PENDARVIS

D.M.D., M.H.S.

DIPLOMATE OF THE AMERICAN ACADEMY OF PERIODONTOLOGY

PERIODONTICS AND IMPLANT DENTISTRY

SUITE 204

Walker T. Pendarvis, DMD, MHS

EDUCATION: Medical University of South Carolina; College of Dental Medicine, Charleston, South Carolina; Postgraduate Residency in Periodontics

MEDICAL DEGREE: Doctor of Dental Medicine (summa cum laude) and Master of Health Sciences (summa cum laude)

BOARD CERTIFICATION: Diplomate of the American Academy of Periodontology

ORGANIZATIONS: Member of American Dental Association, American Academy of Periodontics, Southern Academy of Periodontology, Georgia Society of Periodontists, Georgia Dental Association

Coastal Dental Surgery

6600 Abercorn Street, Suite 204, Savannah, GA
912-349-3259 | www.CoastalDentalSurgery.com

I'M A LEADING EXPERT

IN: Implant dentistry, surgical extractions, ridge/sinus augmentation, soft tissue (gum) grafting, dental surgery, periodontal disease treatment and IV sedation. My team and I provide the highest level of innovation and surgical experience while utilizing technological advances such as in-office 3D imaging to ensure absolute diagnostic accuracy and patient safety.

MY APPROACH TO

MEDICINE: I spend quality

time listening to each patient to fully understand their concerns and needs. We will then discuss the best treatment options to achieve a successful outcome. I am passionate about providing minimally invasive procedures to reduce post-surgical issues so patients can enjoy their lives.

PROCEDURES I PERFORM THAT ENHANCE MY PATIENTS' LIVES:

1) Immediate tooth removal with immediate implant placement and temporization.

A patient may arrive with a fractured tooth and literally walk out with a beautifully restored implant that looks as natural as a perfect tooth. 2) Immediate full arch of teeth in a day. Diseased teeth are removed, implants placed and same-day beautiful restoration is delivered. 3) Minimally invasive gum grafting to beautify the smile and improve oral health.



Scott Cohen, DDS

HOSPITAL AFFILIATIONS: Memorial University Medical Center and St. Joseph's/Candler

MEDICAL DEGREE: University of Tennessee, Memphis

ORGANIZATIONS: Southeast District Dental Society, Georgia Dental Association, American Dental Association, Georgia Academy of Cosmetic Dentistry

AREAS OF CONCENTRATION: Cosmetic Dentistry, Dental Sleep Medicine

Cohen Dental Center

835 E. 65th St., Ste. 108

912-353-9533 | SavannahDentalCentre.com

I'M SMILING BECAUSE: Smiles can be contagious!

BRUSH UP ON YOUR DENTAL HEALTH BY: Researching family dental problems. In my 30 years in practice, I have learned that many oral conditions are hereditary; however, with proper care and today's technology, patients can avoid such problems.

LATEST TREND IN DENTISTRY THAT I OFFER IS: "Dental Sleep Medicine," or treatment for Obstructive Sleep Apnea (OSA). OSA occurs during sleep when

the tissues of the airway close fully or partially to interfere with breathing. We now offer oral appliance therapy (OAT), similar to an orthodontic retainer or mouth guard, which physically opens the airway by repositioning and strengthening the structures that form the airway. This improves breathing and reduces snoring and apnea. The appliance is customized for each patient by a dentist experienced in the treatment of snoring and sleep apnea. In contrast, CPAP machines are mass produced, but the masks are usually custom fitted to the

individual from "off the shelf" inventory.

MY GREATEST ACHIEVEMENT IS: Being the father of three wonderful, totally different, loving children.

I AM PROUD TO BE: Continually voted one of America's Top Dentists by the Consumer Research Council and as a peer-reviewed top dentist by topDentists, LLC™.



Matt Grill, DDS

MEDICAL DEGREE: Doctor of Dental Surgery

RESIDENCY: Advanced Education in General Dentistry (one year)

Coastal Dentistry, PC

15 Lake St., Ste. 100

912-598-8111 | CoastalDentistry.org

Find us on Facebook at:

Coastal Dentistry—Matt T. Grill DDS

I'M MOST EXCITED ABOUT: Our new office in The Village at The Landings. It's amazing! We are now on the first floor in a larger, more accessible space with no stairs to navigate—so you can have an even more comfortable treatment experience than before.

MY APPROACH TO MEDICINE

IS: Always do what is right for each individual patient. This may sound like a no brainer, but oftentimes a treatment plan for a patient can vary due to financial means, life circumstances and

other factors. I strive to give each patient every option available for their treatment, and then we work together to decide which is best given their circumstances. This patient-centered care is a hallmark of what we do at Coastal Dentistry. By listening to my patients, I get to know them better as individuals, and I really value that.

MY PATIENTS WOULD DESCRIBE MY BEDSIDE

MANNER AS: Very relaxed and comfortable. I want patients to feel at ease so they can communicate

their needs with me, and we can get to the bottom of what they hope to achieve through treatment.

AFTER A STRESSFUL DAY, I UNWIND BY:

Spending time with my family or working out. I just love watching our 1-year-old son, Elliott, learn and acquire new skills. I like including him in my workouts as well. If I can pop him in the jogging stroller and head out for a run, I'm in heaven.

Mark C. Clayton, DDS

BOARD CERTIFICATION: American Board of Oral and Maxillofacial Surgery, National Dental Board of Anesthesiology

DENTAL DEGREE: Howard University College of Dentistry

RESIDENCY: Howard University Hospital, VA Medical Center and District of Columbia General Hospital

ORGANIZATIONS: Fellow of the American Association of Oral and Maxillofacial Surgeons, American College of Oral and Maxillofacial Surgeons, International Congress of Oral Implantologists and American Dental Society of Anesthesiology; member of Georgia Society of Oral and Maxillofacial Surgeons, American Dental Association, National Dental Association, Kappa Alpha Psi Fraternity

Coastal Oral & Maxillofacial Surgery

4540 E. Oglethorpe Highway, Ste. A, Hinesville
912-369-3692 | coastaloms.com

I LOVE TO SINK MY TEETH INTO: A vegan diet.

THE BEST FOODS FOR YOUR TEETH ARE: Fresh fruits and vegetables. Avoid processed foods and sugar.

THE HOTTEST NEW PROCEDURE I OFFER IS: Cone beam computed tomography (or CBCT), which gives a 3-D radiographic image. This aids in diagnosis and treatment planning for dental implants and oral pathology.



Stephanie Joy Sweeney, DMD

MEDICAL DEGREE: Medical College of Georgia

ORGANIZATIONS: Southeast District Dental Society, Georgia Dental Association, American Academy of Cosmetic Orthodontics

Savannah Dental

11 Medical Arts Center
912-355-8821 | savannah.dental

I'M MOST EXCITED ABOUT: Our options that we didn't have years ago that help us make dentistry a more comfortable experience for patients. We recently acquired a new X-ray machine that allows us to take extraoral images—no more uncomfortable sensors! And with one-sixth the radiation of traditional X-rays, the new machine also provides a safer option. It's an exciting time to be in dentistry!

MY PHILOSOPHY ON MEDICINE: Provide exceptional dentistry and personal attention to every patient, making each experience as comfortable and painless as possible.

YOU'D NEVER GUESS THAT I: Surf, kiteboard, wakeboard, sail and golf.

MY FAVORITE PATIENT REVIEW: "If a dentist visit could be pleasurable, this one was."





Darron R. Alvord, DMD Aaron B. Rawlings, DMD

ACCREDITATIONS: Diplomates of the American Board of Periodontology and the International Congress of Oral Implantologists

Savannah Perio & Implants
7001 Hodgson Memorial Drive, Ste. 3, Savannah
912-352-2021
615 E. Grady St., Statesboro
912-764-2196
savannahdental.com

WE ARE LEADING EXPERTS

IN: Helping you keep your teeth in the midst of bone loss and gum recession. Extractions may become necessary if dental diseases are left untreated. Under conscious sedation, we can rebuild the foundation for your teeth with bone and gum grafting, place dental implants and even provide same-day tooth replacement.

WE'RE MOST PROUD OF THE

FACT THAT WE: Are happy husbands and fathers. Our greatest joys include spending time with our families at the pool, on the beach or at the park.

OUR APPROACH TO MEDICINE

IS: To answer all your questions and then help you choose the best treatment for you. Through comprehensive clinical exams and 3-D X-rays, we help you accomplish your dental goals, whether that includes maintaining your teeth or rebuilding your bite.

DID YOU KNOW?: After age 30, you have a 50 percent chance of developing gum disease (gum recession, bone loss, tooth mobility and tooth loss). And you are twice as likely to have gum disease if you have diabetes, and four times as likely if you smoke.

YOU'D NEVER GUESS THAT WE:

Lived on the same street while we were in residency together, and we now live on the same street as practice partners. We were great friends before coming to Savannah and feel blessed to be able to practice our chosen profession together.

WE ENJOY VOLUNTEERING FOR:

The periodontics residency at the Medical College of Georgia in Augusta. We also enjoy serving with the Boy Scouts of America, in our local Rotary clubs and in our church communities.

Julia K. Howard, DMD

MEDICAL DEGREE: Doctorate of Dental Medicine, Medical College of Georgia School of Dentistry

AREAS OF CONCENTRATION: General Dentistry, Cosmetic Dentistry, Invisalign, Adolescent and Adult Orthodontics

ORGANIZATIONS: American Dental Association, Savannah Dental Society, Georgia Dental Association, Academy of General Dentistry, American Orthodontic Society

Howard Family Dental Midtown

533 Stephenson Ave.

912-236-3557 | howardfamilydental.com

I TELL MY PATIENTS: Thank you! I appreciate their trust and the opportunity to provide the best care possible. I thoroughly enjoy building relationships with my patients while helping them with their smile.

BRUSH UP ON YOUR DENTAL HEALTH BY: Visiting the dentist regularly, as often as recommended. Help overcome dental anxiety by taking a friend for support, or listen to music to relax and focus on something else. Brush and floss twice daily and always smile!

I'M SMILING BECAUSE: I am truly blessed. I am thankful to work with my family, to be supported by a terrific team and to provide care to my patients. My husband and children make my life complete. Every day I am grateful, and every day is a reason to smile.



Abby L. Dew, DDS

MEDICAL DEGREE: Doctor of Dental Surgery, University of Michigan

ORGANIZATIONS: American Dental Association, Georgia Dental Association, Southeastern District Dental Society

Howard Family Dental Southside

206 E. Montgomery Crossroad

912-927-3615

howardfamilydental.com

I TELL MY PATIENTS: We'll do whatever we can to make them feel comfortable. Last year, we started using The Wand, a computer-controlled system that makes the numbing part of the appointment much less painful.

THE HOTTEST NEW PROCEDURE I OFFER: Dental implants. They are a fantastic alternative to removable partial dentures and bridges, and are the closest thing to natural teeth in appearance and function.

I WISH MORE OF MY PATIENTS WOULD: Try out an electric toothbrush. It removes more plaque than a manual brush, and also times you and controls your brushing pressure. You'll be amazed at how painless your next visit will be!

I LOVE TO SINK MY TEETH INTO: The pulled pork at Sandfly Bar-B-Q and the tingly sauce at Wiley's. I'm from Michigan, but I love southern barbecue!





Lindsay W. Sammons, DMD

ORGANIZATIONS: American Academy of Facial Esthetics, American Dental Association, Georgia Dental Association, Academy of General Dentistry

Howard Family Dental Pooler
91 Brighton Woods Drive | 912-748-4858

Christy Cole Harpring, DMD

ORGANIZATIONS: Georgia Dental Association, American Dental Association, American Orthodontic Society, American Academy of Facial Esthetics, American Academy of Dental Sleep Medicine

Howard Family Dental Wilmington
206 Johnny Mercer Blvd.
912-897-9000 | howardfamilydental.com

WE TELL OUR PATIENTS:

Overall health is directly reflected in your dental health. Eat right and take care of yourself with exercise, sleep, and great nutrition.
—Lindsay W. Sammons

It is never too late to get the smile you want.
—Christy Cole Harpring

WE'RE SMILING BECAUSE:

I wake each day feeling blessed to be here and to take care of my wonderful patients. Dentistry has come a long way, and I keep my skill set on the cutting edge so my patients can benefit from it. —Sammons

It is the best job in the world to be able to help

people have a healthy mouth and feel better about themselves. —Harpring

THE BEST FOOD FOR YOUR TEETH: Foods with a higher pH—cheese, leafy greens, carrots, celery, almonds, garlic, fish and eggs—are the best you can choose for your teeth and gums. Acidic foods cause those cavities! —Sammons

THE WORST FOOD FOR YOUR TEETH: Anything with sugar. Sugar feeds the bacteria in our mouths that cause tooth decay.— Harpring

THE HOTTEST NEW PROCEDURE WE BOTH OFFER: Botox injections for migraine sufferers and for the treatment of TMJ facial pain.



Alvin H. Danenberg, DDS

DENTAL DEGREE: Baltimore College of Dental Surgery

CERTIFICATIONS: Specialty Certification in Periodontics, University of Maryland School of Graduate Dentistry; Certified Functional Medicine Practitioner, Functional Medicine University

ORGANIZATIONS: Life member of the American Dental Association

Bluffton Center for Dentistry
29 Plantation Park Drive, Ste. 303, Bluffton, SC
843-593-8123 | blufftoncenterfordentistry.com

I TELL MY PATIENTS: Your mouth is a mirror for the rest of your body.

THE WORST FOOD FOR YOUR TEETH: Soda—with sugar or with artificial sweeteners.

THE HOTTEST NEW PROCEDURE I OFFER: A unique laser procedure called LANAP (Laser Assisted New Attachment Procedure). It does not involve cutting with a scalpel, and it does not involve stitches. It destroys the bacteria that cause advanced gum disease and helps your

body grow new jawbone around your teeth. The day after the procedure, you can go about your normal routine with barely any discomfort.

I'M SMILING BECAUSE: I can teach you the simple tools to have a healthy mouth and, in turn, a healthy body.

I AM DIFFERENT FROM MOST PERIODONTISTS BECAUSE: I incorporate concepts of primal nutrition and functional medicine into my treatment. Our primal ancestors didn't have tooth-

brushes or dental floss but they rarely had tooth decay or gum disease because they ate mostly nutrient-dense, anti-inflammatory foods from the land and the sea. Today, primal societies around the world do not have access to man-made, processed foods and these people also rarely experience tooth decay or gum disease.

I LOVE TO SINK MY TEETH INTO: Salmon baked in parchment paper with sautéed veggies on the side.



Richard F. Porcelli, DDS, MS

DENTAL DEGREE: New York University College of Dentistry

RESIDENCY: New York Methodist Hospital

FELLOWSHIP: International Congress of Implantologists

ADDITIONAL TRAINING: Post-graduate advanced dental training from Dawson Academy

ACCOLADES: Named one of America's Top Dentists for six consecutive years by Consumers' Research Council of America, Best Cosmetic Dentist in Bluffton (Hilton Head Monthly Magazine's Readers' Choice, 2013, 2014, 2015) and Top Dentist in the Greater Savannah Area, 2014, 2015

Bluffton Center for Dentistry

29 Plantation Park Drive, Ste. 303, Bluffton, SC
843-593-8123 | blufftoncenterfordentistry.com

I TELL MY PATIENTS: Your smile is your calling card! Whether you're going on a job interview or a first date, your teeth will reveal a lot about you.

THE BEST WAY TO A HEALTHY SMILE: Treat your whole body like a temple. Always educate yourself on healthy eating (I prefer the Paleo Diet), drink plenty of water (our bodies require it), have annual checkups with your physician and dentist and have a great relationship with your hygienist for proper prevention.

I'M A BIG BELIEVER IN PROFESSIONAL TEETH WHITENING BECAUSE: Over-the-counter store products can be a very nice introduction to whiter teeth, but they are not as effective as professional whitening. When it's done at your dentists' office, it's much more controlled and produces a better overall result.

MY TYPICAL COSMETIC DENTAL PATIENTS: Are not age dependent whatsoever. Cosmetic dentistry focuses on enhancing the appearance of

any person's teeth, mouth or smile when a healthy condition is present. Teeth whitening, bonding, veneers, tooth reshaping and total makeovers are some options that can help everyone achieve the smile they desire.

PEOPLE TRAVEL FROM ALL OVER THE WORLD TO SEE ME BECAUSE: I am artistic, very well trained and work with an exceptional team of specialists under one roof. The smile designs we create are transformational for our patients.