MEET THE MEDICAL EXPERTS:

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Photography by: Teresa Earnest, Christine Hall and Katie McGee
Welcome patients of Georgia Gastroenterology Group, former practice of Dr. Nicholas Costrini. We are very pleased that Dr. Costrini has referred you to our practice and want you to know that we appreciate the opportunity to take care of your GI medical needs.

Dr. Costrini’s recommendation comes with an excellent understanding of our practice’s knowledge, and we will ensure your care remains continuous and your healthcare needs are met.

Founded in 1978 by Dr. J. Erich Schweistris, Gastroenterology Consultants of Savannah has been taking care of Savannah’s digestive health needs for more than 37 years. Our Ambulatory Surgery Center, the Endoscopy Center of Coastal Georgia, is a member of the American Association of Ambulatory Surgery Centers, fully certified by the Georgia Department of Health and approved as a Medicare provider and is accredited by the Accreditation Association.

We encourage you to call our office and schedule an appointment to get acquainted with any of our physicians. You can be assured that we will make every effort to ensure that your continued care and treatment will meet the high standards you’ve come to know and trust.

We also wish to extend a warm welcome to Andrew Swagler, PA-C. We are very pleased with Mr. Swagler’s decision to join the merging of Dr. Costrini’s medical practice to Gastroenterology Consultants of Savannah. We are very pleased with Mr. Swagler’s decision to join the merging of Dr. Costrini’s medical practice to Gastroenterology Consultants of Savannah.

519 Stephenson Ave., Savannah, GA 31401 | 912-354-9447
Richmond Hill, 9796 Ford Avenue, Suite A-2, 31324
Godley Station Professionals Plaza, 1000 Towne Center Blvd., Building 300 Ste. 305, Pooler, GA 31322
Effingham County Hospital, 119 Springfield, GA 31329
Belfair Towne Village, 10 Oak Forest Road, Ste. C, Bluffton, SC 29909
gastrosav.com
WHAT NEW SERVICE DOES CHATHAM ORTHOPAEDICS OFFER?

Our practice now has a “Back Pain Clinic” for patients suffering from lower back pain. Back pain is frequently cited for the reason why patients visit their primary care physician. It is also a primary reason for emergency room visits, lost work and wages. Chatham Orthopaedics’ new clinic, staffed by an experienced physician assistant, assesses and treats back pain based upon clinical protocol established by the American College of Physicians. Patients with unresolved pain or who need surgical intervention may be referred to pain management or spine surgeons after careful evaluation using established guidelines.

HOW DOES CHATHAM ORTHOPAEDICS IMPACT THE COMMUNITY?

Chatham Orthopaedic Associates proactively works with insurance plans and community businesses through our Independent Physician’s Organization, Merit IPA. Our goal is to positively impact the community by building a collaborative network of quality specialty providers that will lead value-based reimbursement and continued access to independent physicians. This will allow patients to access a full network of specialty providers that are improving care by sharing quality performance data.

In addition, Chatham Orthopaedics supports many community organizations with our time, clinical resources and financial contributions. These organizations include The Leukemia & Lymphoma Society, St. Joseph’s/Candler Foundation, Forsyth Farmer’s Market, Savannah First Tee, Savannah Music Festival, Savannah Historic Foundation, and Memorial Health Trauma Services.

WHY SHOULD SOMEONE SELECT CHATHAM ORTHOPAEDICS FOR HIS OR HER CARE?

Chatham Orthopaedic Associates strives to be the practice of choice for patients. We aim to deliver on our promise of healthcare done right by providing convenient after-hours care, MRI services, outpatient surgery and therapy services. Our team of fellowship-trained, board certified and board eligible physicians specialize in all aspects of orthopaedic and pain management work along with dedicated physician assistants, nurse practitioners, athletic trainers, physical therapists and occupational therapists. We are here to get you back to what you love to do and deliver that care close to home.
DR. NICK IS A LEADING EXPERT IN: Oral surgery, dental implants, prosthodontics (crowns and bridges), full mouth reconstruction, treating dental phobic patients and anesthesia/sedation.

OUR PATIENTS OFTEN TELL US: We make people feel welcome and like family. We care, educate well and provide comfort to those in fear.

WE LOVE PRACTICING IN SAVANNAH BECAUSE: The people, culture and the weather. Many of our patients have become friends. It’s peaceful here. It is a hidden gem.

A TOP TREND IN OUR FIELD RIGHT NOW: Is looking at one’s oral health and planning for a lifetime. More people are looking at dental implants as a wise and practical choice in order to achieve improved, long term function.

MY CHAIRSIDE MANNER IS: Focused on the patient. “How can I help you?” I am here to listen to a patient’s concerns, give them the information regarding the choices they have regarding their treatment and recommend an option based on their needs. Ultimately the patient should feel empowered to choose what is right for them.

WHATEVER YOU DO, DON’T: Assume that there aren’t any options regarding your dental situation. Treatment can be planned over a period of time in order to allow patients to reach their full oral health potential.

I’VE LEARNED FROM EXPERIENCE THAT: The past doesn’t have to dictate the future.

THE HEALTH ISSUE I’M MOST CONCERNED ABOUT IS: The importance of teeth/gums to one’s overall health and wellbeing. As more and more people are living into their 90s and 100s, our teeth need to be able to provide us a lifetime of function, comfort, aesthetics, speech and health.

YOU’D NEVER GUESS THAT: I was born in Australia.

MY CHARITY OF CHOICE IS: Union Mission.

IF I WASN’T A DOCTOR, I WOULD BE: I couldn’t imagine doing anything else.
I’m a leading expert in: all things oral and maxillofacial surgery. I am particularly adept at dental/alveolar surgery and implants.

Love practicing in Savannah because of: The people. Savannah is filled with an eclectic mix of personalities and lifestyles. I meet new and interesting people every day.

When I’m not in the office: I like to not be in the office. It’s hard not to take patients home with you, mentally. Fishing, flying, reading and spending time with my family are all diversions that I enjoy.

My charity of choice is: The Friends of Barnabas Foundation. I’ve had the opportunity to work with this foundation, performing cleft-lip and palate surgeries in Honduras. The organization does an excellent job of coordinating care and making sure the majority of donated funds go to help the patients.

My greatest achievement has been: Being the father of two wonderful young boys. They are what makes my life meaningful and have purpose.

The health issue I’m most concerned about is: TMJ pain and dysfunction. I am fortunate to have found a profession that I am passionate about and one in which I can make a difference.

My patients often tell me: “Thank you for helping me get my life back.” I can’t describe the feeling I get when I hear these words.

Frank Scarbrough, DMD, FACOMS

Hospital Affiliations: Memorial University Medical Center, St. Joseph’s/Candler Care Network

Board Certifications: Diplomate, American Board of Oral and Maxillofacial Surgery, Diplomate, National Board of Dental Anesthesiology

Fellowships: American Association of Oral and Maxillofacial Surgeons, American Dental Society of Anesthesiology, American College of Oral and Maxillofacial Surgeons

Medical Degree: Medical College of Georgia

Residency: Louisiana State University School of Medicine - Shreveport, Medical College of Georgia

Chatham Oral and Maxillofacial Surgery
310 Eisenhower Drive, Building 1 | 912-354-1515 | chathamoralsurgery.com

I’m a leading expert in: The surgical and non-surgical management of TMJ pain and dysfunction. I was fortunate to train under the pioneers of TMJ arthroplasty, TMJ arthroscopy and TMJ total joint replacement.

One thing I would like to change in my field is: The advice offered to patients who have TMJ signs/symptoms. Historically, patients who had a “popping” sound when they open their jaw, were told to just ignore it or live with it. But, TMJ is a progressive disorder. If treated early, it can be treated non-surgically or with minimally invasive procedures.

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Michael Wilson, DMD, FACOMS

Hospital Affiliations: Memorial University Medical Center

Board Certification: Diplomate, American Board of Oral and Maxillofacial Surgery, Diplomate, National Dental Board of Anesthesiology, Fellow, American Association of Oral and Maxillofacial Surgeons, Fellow, American Dental Society of Anesthesiology, and Fellow, American College of Oral and Maxillofacial Surgeons

Medical Degree: Medical University of South Carolina

Residency: University of Texas and the Medical College of Virginia

Chatham Oral and Maxillofacial Surgery
310 Eisenhower Drive, Building 1 | 912-354-1515 | chathamoralsurgery.com

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Love practicing in Savannah because of: The people. Savannah is filled with an eclectic mix of personalities and lifestyles. I meet new and interesting people every day.

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My patients often tell me: “You don’t act like a doctor.” I am not sure if this is a compliment or an insult. I am going with compliment.
WE SPECIALIZE IN:
Comprehensive medical and surgical treatment for problems of the ear, nose, throat and related structures of the head and neck, including treatment of allergies and sinusitis, sleep apnea, thyroid and parathyroid disease and voice and swallowing disorders. We also treat pediatric ENT patients for a variety of problems, including chronic ear infections and tonsillitis. Our skilled audiologists provide the latest in hearing aid technology at Audiology and Hearing Aid Services. We utilize the latest ENT technologies, such as balloon sinuplasty for treatment of sinusitis, radiofrequency ablation of the tongue base for treatment of sleep apnea and endoscopic techniques for thyroidectomy and parathyroidectomy.

FOR THE CONVENIENCE OF OUR PATIENTS:
We have a state certified Ambulatory Surgery Center, are fully privileged at all Savannah area hospitals and offer early morning and Saturday appointments. We have satellite offices in Richmond Hill, Pooler, Rincon, Statesboro and The Landings.

Gabriel Pitt, Au.D.

DEGREE:
Doctor of Audiology, University of South Florida with externship at University of California San Francisco

Optimal Hearing Systems, Inc
527 Stephenson Ave.
Offices in Statesboro and Vidalia
912-352-8530 | OptimalHearing.com

I AM A LEADING EXPERT IN:
Tinnitus assessment and treatment. Phantom sounds (a ring, hiss or buzz sound in the ear/head), which a patient perceives when there is not an actual sound in the environment, is often the only outward symptom of more serious underlying problem. Many times there is help for patients who suffer from tinnitus.

MY GREATEST PROFESSIONAL ACHIEVEMENT HAS BEEN:
Having the respect of my peers to be selected and serve a three-year term as president of GAA has been a great honor. Being voted as best audiologist by the readers of Savannah magazine for the past two years is a close second!

I LOVE PRACTICING IN SAVANNAH BECAUSE:
I am the third generation in my family to do so. My father and grandfather have both practiced in Savannah, and I am proud to follow in their footsteps.

THE HEALTH ISSUE I AM MOST CONCERNED ABOUT IS:
Dementia and Alzheimer’s disease. Recent studies have found a connection between hearing loss and dementia. Patients with moderately-to-severe hearing loss are more than five times as likely to acquire dementia. Even patients with mild loss are twice as likely to acquire dementia as their normal hearing counterparts. There is hope that treating the hearing loss could help to reduce the chances of acquiring dementia.
Nephrology & Hypertension Medical Associates

**HOSPITAL AFFILIATIONS:** Memorial University Medical Center, St. Joseph’s/Candler Health System, Coastal Carolina Hospital, Hilton Head Hospital, Beaufort Memorial

**BOARD CERTIFICATION:** American Board of Neuroradiology

**MEDICAL DEGREE:** University of Texas

**RESIDENCY:** University of South Florida

**FELLOWSHIP:** Neuro-urology at Moffitt Cancer Center

**ORGANIZATIONS:** AANS, CNS, SNS, SMISS, GNS

**HOSPITAL AFFILIATIONS:** Memorial University Medical Center, St. Joseph’s/Candler Health System, Coastal Carolina Hospital, Hilton Head Hospital, Beaufort Memorial

Nicolas Arredondo, MD

**HOSPITAL AFFILIATIONS:** St. Joseph’s/Candler and Memorial University Medical Center

**BOARD CERTIFICATION:** American Board of Neurological Surgery

**MEDICAL DEGREE:** University of Texas

**RESIDENCY:** University of South Florida

**FELLOWSHIP:** Neuro-urology at Moffitt Cancer Center

**ORGANIZATIONS:** AANS, CNS, SNS, SMISS, GNS

**HOSPITAL AFFILIATIONS:** Memorial University Medical Center, St. Joseph’s/Candler Health System, Coastal Carolina Hospital, Hilton Head Hospital, Beaufort Memorial

**BOARD CERTIFICATION:** American Board of Neuroradiology

**MEDICAL DEGREE:** University of Texas

**RESIDENCY:** University of South Florida

**FELLOWSHIP:** Neuro-oncology at Moffitt Cancer Center

**ORGANIZATIONS:** AANS, CNS, SNS, SMISS, GNS

4 E. Jackson Blvd. 912-355-1010 | neurologicalinstitute.com

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**I’M A LEADING EXPERT IN:** Minimally invasive and complex spine surgery.

**I LOVE PRACTICING IN SAVANNAH BECAUSE:** Of the people. This historic place of diverse, creative, motivated and independent people has created a fantastic, vibrant and engaging community.

**A TOP TREND IN MY FIELD RIGHT NOW IS:** Motion preservation. Combined with minimally invasive techniques the opportunity to preserve and restore motion in the neck and lower back offers the promise of improved long-term surgical outcomes.

**I’M ALWAYS HAPPY WHEN:** I meet patients who are engaged, informed, and motivated. Spine health is an important component of a healthy lifestyle, and most of the people who have neck or back pain don’t need to have surgery in order to improve.

**JAMES BAZEMORE, M.D.**

**WHATSOEVER YOU DO, DON’T:** Tell your doctor that you are doing something that you are not.

**JESSICA MCABEE COLEMAN, M.D.**

**THE HEALTH ISSUE I’M MOST CONCERNED ABOUT IS:** Patient education, so that you can take better care of yourself and be an integral member of your own health team.

**DANA KUMJIAN, M.D.**

**A TOP TREND IN MY FIELD IS:** Identification of abnormal genes and protein polymorphisms that cause kidney disease.

**REBECCA SENTMAN, M.D.**

**I LOVE PRACTICING IN SAVANNAH BECAUSE:** I grew up here as the daughter of a kidney doctor, and I always wanted to return here to raise my family.

**ERIK BERNSTEIN, M.D.**

**MY GREATEST ACHIEVEMENT HAS BEEN:** Bringing high-quality care to the community.

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**Pictured (from left):**

JAMES BAZEMORE, M.D.

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**Pictures from left:**

JAMES BAZEMORE, M.D.

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**Nephrology & Hypertension Medical Associates**

1115 Lexington Ave., Savannah, GA

1859 N. Paris Ave., Ste. 212, Port Royal, SC

16 Okatie Center Blvd., Ste. 100, Okatie, SC

912-354-4813 | TheKidneyDcys.com

**1115 Lexington Ave., Savannah, GA**

**1859 N. Paris Ave., Ste. 212, Port Royal, SC**

**16 Okatie Center Blvd., Ste. 100, Okatie, SC**

912-354-4813 | TheKidneyDocs.com

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**MINIMALLY INVASIVE AND COMPLEX SPINE SURGERY**

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—Nicolas Arredondo, MD
A TOP TREND IN OUR FIELD RIGHT NOW IS: Cosmetic appearance. People want to achieve and maintain healthy skin. We offer everything to meet patients’ needs from Sclerotherapy to treat spider veins to BBL Photo Rejuvenation (photo facial) to treat the appearance of sun-damaged skin.

THE HEALTH ISSUE WE ARE MOST CONCERNED ABOUT IS: The rising rates of melanoma. The American Academy of Dermatology suggests learning the warning signs of melanoma. Be aware of your body and any changes in your skin, including moles.

OUR BEDSIDE MANNER IS: Friendly and approachable. We strive to have an atmosphere where patients, nurses and others on our team communicate freely. Communication is important to helping people have a better understanding of their skin health and the knowledge to maintain good skincare habits.

Corinne M. Howington, MD
Elizabeth Brennan, PA-C
Low Country Dermatology
310 Eisenhower Drive, Ste. 12A
912-354-1018 | lcderm.com

WE LOVE PRACTICING IN SAVANNAH BECAUSE: We live in such a tight knit community. We get to share our patients’ milestones with their families, while ensuring that they stay healthy and strong. We love seeing our families outside of the office, whether on the soccer field, in the carpool line, or at the swimming pool.

WE HAVE A PASSION FOR: Reading. Our favorite space in our office is our reading nook. And our patients of all ages love it, too!

OUR GREATEST ACHIEVEMENT HAS BEEN: Our families. Pediatrics is a family-oriented field and our entire staff is one big family. Our children and the loving homes they come from are our proudest accomplishments. Be Pediatrics considers all of our patients part of our family.

Kasey Berman, MD
Linda Winders, MD
Be Pediatrics
410 Mall Blvd., Ste. B
912-472-0314 | bepediatrics.com

WE ARE COMMITTED TO: Listening to and caring for each patient in a gentle and compassionate manner.

Kasey Berman, MD
Linda Winders, MD
Be Pediatrics
410 Mall Blvd., Ste. B
912-472-0314 | bepediatrics.com

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Ryan B. Moody, MD, FCCP
BOARD CERTIFICATION: Pulmonary, Critical Care and Sleep Disorders Medicine
Southeast Lung Associates
11700 Mercy Blvd., Plaza D, Blvd. 5
Satellite Offices in Richmond Hill and Statesboro
912-927-6270 | selung.com

I’M A LEADING EXPERT IN: Pulmonary hypertension. Pulmonary hypertension is when blood pressure is too high in the pulmonary artery. This condition has a very high mortality rate if left untreated. Symptoms include shortness of breath, chest pain, swelling in the legs, and sometimes passing out or the feeling that you may pass out. These are common symptoms for many problems, so it is important to see your doctor.

THE HEALTH ISSUE I’M MOST CONCERNED ABOUT IS: COPD and tobacco use. COPD is the third leading cause of death in America.

I HAVE A PASSION FOR: My family, my community and turkey hunting.

ASK YOUR DOCTOR ABOUT: The benefits of pulmonary rehabilitation and how it can improve your quality of life and decrease symptoms of your condition.

Ryan B. Moody, MD, FCCP
Southeast Lung Associates
11700 Mercy Blvd., Plaza D, Blvd. 5
Satellite Offices in Richmond Hill and Statesboro
912-927-6270 | selung.com
AN EXCITING TRENDS IN OUR FIELD RIGHT NOW IS: The research and development of new drugs for psoriasis and psoriatic arthritis, improving the quality of life in those patients.

THE HEALTH ISSUE I AM MOST CONCERNED ABOUT IS: Tanning. Most people continue to tan and do not understand the danger of the ultraviolet rays, as well as the irreversible cosmetic effects it has on the skin.

I HAVE A PASSION FOR: Making others feel better about themselves, whether through Botox, facial fillers, or other procedures. I love the saying, “youth is volume, not tightness.”

I TRY TO STAY HEALTHY BY: Jogging, working out with a trainer, yoga, dancing, and playing tennis.

I WISH EVERYONE WOULD: Have an annual full skin examination by a board-certified Dermatologist. A spot does not have to be changing or have symptoms to be dangerous. Although, you should be checked for any new or changing lesions. The three providers in our practice diagnose an average of two melanomas a week. If not caught early, these could become deadly cancers.

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I LOVE PRACTICING IN SAVANNAH BECAUSE: Of its beauty and the welcoming spirit of its people.

MY GREATEST ACHIEVEMENT HAS BEEN: Helping patients to alleviate their pain and to improve their quality of life.

WHEN I’M NOT IN THE OFFICE I: Enjoy time with family, beach walks with my wife and dogs, reading and golf.

YOU MIGHT BE SURPRISED TO KNOW THAT: Amos, my Standard Poodle, often joins me in the examination rooms. Having him around the office seems to bring a little more humanity and compassion to my interaction with patients. A trained therapy dog, Amos can do things I can’t do, especially when it comes to soothing young patients’ fears. About 20 percent of my patients are children, and they really look forward to seeing him during their office visits. Amos makes the office a more cheerful place for the staff and the patients.
**Ortelio Bosch, MD**

**HOSPITAL AFFILIATIONS:** Memorial University Medical Center; St. Joseph’s/Candler

**BOARD CERTIFICATION:** Pain Medicine and Anesthesiology

**RESIDENCE:** Jackson Memorial Hospital, Miami, Florida; Mayaguez Medical Center, Mayaguez, Puerto Rico; Almejeiras Hospital, Havana, Cuba

**FELLOWSHIP:** Emory University, Atlanta

**ORGANIZATIONS:** American Society of Anesthesia, American Society of Interventional Pain Physicians, American Society of Regional Anesthesia

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**A top trend in my field right now is:** Using food as medicine. In functional medicine, I am aware of the rampant obesity and chronic illnesses including diabetes, autoimmune disorders, cancer and heart disease. Most of these are a culmination of poor diet and lifestyle choices.

**The health issue I’m most concerned about is:** The epidemic of obesity and chronic illness and its impact on our children. I am working to develop a communitywide effort to help local Savannahians make healthier diet choices and lifestyle changes.

**My bedside manner is:** Relaxed and personable. I try to take the time to learn about my patients and their concerns. Educating my patients is a large part of what I do each day.

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**David S. Oliver, MD, FACS**

**HOSPITAL AFFILIATIONS:** St. Joseph’s/Candler; Memorial University Medical Center

**COASTAL EAR, NOSE AND THROAT LLC**

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**I am a leading expert in:** Balloon sinuplasty, a minimally invasive procedure for relieving sinusitis. I have performed more than 100 of these in-office procedures since its inception in 2011. A balloon is inflated in the narrow sinus openings and inflated, permanently spreading the thin bones in the sinus cavity and relieving pressure and congestion. Recovery is prompt.

**The latest developments in my field are:** A myriad of new in-office procedures as well as in-hospital surgeries that eliminate or minimize incisions. These procedures reduce the size of the tongue, nasal tissue and palate to improve breathing in snoring and sleep apnea. New reconstructive procedures of the palate reduce complications, improve results and speed recovery. Thyroid surgery can be performed with an incision of an inch or less, nearly eliminating a scar.

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**Mary Kay Ross, MD, FACEP**

**HOSPITAL AFFILIATIONS:** Memorial University Medical Center

**BOARD CERTIFICATION:** American Board of Emergency Medicine

**MEDICAL DEGREE:** Emergency Medicine, Wright State University School of Medicine, Dayton, Ohio; MD, University of Louisville School of Medicine, Kentucky

**ORGANIZATIONS:** American College of Emergency Physicians, Institute for Functional Medicine

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**A top trend in my field right now is:** Using food as medicine. In functional medicine, I am aware of the rampant obesity and chronic illnesses including diabetes, autoimmune disorders, cancer and heart disease. Most of these are a culmination of poor diet and lifestyle choices.

**The health issue I’m most concerned about is:** The epidemic of obesity and chronic illness and its impact on our children. I am working to develop a communitywide effort to help local Savannahians make healthier diet choices and lifestyle changes.

**My bedside manner is:** I love practicing in Savannah because: It’s the perfect place for me and my wife, Amy, to raise our two very active boys: Daniel, 8, and Gabriel, 5.
I AM A LEADING EXPERT IN: Nonsurgical treatment of pain. Our staff understands the suffering caused by pain. We are committed to relieving your suffering so that you may return to a more active lifestyle.

MY TRAINING ENABLES ME TO: Construct a rehabilitation plan designed to return you to those activities in which your pain prevents you from doing.

OUR SERVICES INCLUDE: Pain treatment from degenerative disc disease, disc herniation, arthritis of the spine, SI (sacroiliac) joint problems, sciatica, peripheral neuropathy, shingles, reflex sympathetic dystrophy (RSD) and other causes of persistent pain.

ASK YOUR DOCTOR ABOUT: Nonsurgical treatment options for degenerative disc disease and disc herniation of your neck and back. Ninety percent of those with a herniated disc will improve within six months after nonsurgical treatment.

Whatever you do, don’t: Suffer from pain needlessly. If you suffer from pain that does not resolve itself in four to six weeks, ask your doctor to refer you to a physician who is board certified in pain medicine.

Keith A. Kirby, MD
Diplomate of the American Board of Physical Medicine and Rehabilitation
BOARD CERTIFICATIONS: Physical Medicine & Rehabilitation, Pain Medicine
Savannah Pain Center, LLC
8 Wheeler St., Suite 200
912-352-4340
SavannahPainManagement.com

I LOVE PRACTICING IN SAVANNAH because: We have a special practice. My partners are compassionate, smart, and well trained. We have fantastic staff who are committed to our patients and fun to work with. I came to Savannah because I couldn’t turn down the opportunity to join one of the best GI practices in the nation.

MY GREATEST ACHIEVEMENT HAS BEEN: My amazing family. Professionally, I’m proud of my training, Vanderbilt, Georgetown, Northwestern, and UNC. I received the award as the top doctor in both residency and fellowship. I also served in a leadership capacity as Chief Medical Resident and Chief Gastroenterology Fellow. It was a lot of hard work, but it pays off every day in the care I’m able to provide to my patients.

YOU’D NEVER GUESS THAT: I cut a rug. I remind some people of Vince Vaughn in “Wedding Crashers.” The only difference is I’ve never crashed a wedding … and been caught.

THE SECRET TO BETTER HEALTH IS: Eat well! Nutrition is the single most important part of our health, yet it is largely ignored. Fruits and vegetables have all the good stuff and none of the bad stuff. Processed foods are the exact opposite, and you honestly don’t even know what you’re putting in your body. The average American consumes a diet with 60 percent processed foods and just 10-15 percent whole fruits and vegetables. Most of the health problems in America would be remedied if we fixed our diets.

Will Bulsiewicz, MD, MS
BOARD CERTIFICATION: Gastroenterology & Internal Medicine
MEDICAL DEGREE: Georgetown University
RESIDENCY: Northwestern University
FELLOWSHIP: University of North Carolina – Chapel Hill
HOSPITAL AFFILIATION: St. Joseph’s/Candler, Memorial University Medical Center

Center for Digestive & Liver Health/ The Endoscopy Center
1139 Lexington Avenue
912-303-4200 | SavannahGI.com

I AM A LEADING EXPERT IN: Nonsurgical treatment of pain. Our staff understands the suffering caused by pain. We are committed to relieving your suffering so that you may return to a more active lifestyle.

MY TRAINING ENABLES ME TO: Construct a rehabilitation plan designed to return you to those activities in which your pain prevents you from doing.

OUR SERVICES INCLUDE: Pain treatment from degenerative disc disease, disc herniation, arthritis of the spine, SI (sacroiliac) joint problems, sciatica, peripheral neuropathy, shingles, reflex sympathetic dystrophy (RSD) and other causes of persistent pain.

ASK YOUR DOCTOR ABOUT: Nonsurgical treatment options for degenerative disc disease and disc herniation of your neck and back. Ninety percent of those with a herniated disc will improve within six months after nonsurgical treatment.

WHATSOEVER YOU DO, DON’T: Suffer from pain needlessly. If you suffer from pain that does not resolve itself in four to six weeks, ask your doctor to refer you to a physician who is board certified in pain medicine.

Keith A. Kirby, MD
Diplomate of the American Board of Physical Medicine and Rehabilitation
BOARD CERTIFICATIONS: Physical Medicine & Rehabilitation, Pain Medicine
Savannah Pain Center, LLC
8 Wheeler St., Suite 200
912-352-4340
SavannahPainManagement.com

I LOVE PRACTICING IN SAVANNAH because: We have a special practice. My partners are compassionate, smart, and well trained. We have fantastic staff who are committed to our patients and fun to work with. I came to Savannah because I couldn’t turn down the opportunity to join one of the best GI practices in the nation.

MY GREATEST ACHIEVEMENT HAS BEEN: My amazing family. Professionally, I’m proud of my training, Vanderbilt, Georgetown, Northwestern, and UNC. I received the award as the top doctor in both residency and fellowship. I also served in a leadership capacity as Chief Medical Resident and Chief Gastroenterology Fellow. It was a lot of hard work, but it pays off every day in the care I’m able to provide to my patients.

YOU’D NEVER GUESS THAT: I cut a rug. I remind some people of Vince Vaughn in “Wedding Crashers.” The only difference is I’ve never crashed a wedding … and been caught.

THE SECRET TO BETTER HEALTH IS: Eat well! Nutrition is the single most important part of our health, yet it is largely ignored. Fruits and vegetables have all the good stuff and none of the bad stuff. Processed foods are the exact opposite, and you honestly don’t even know what you’re putting in your body. The average American consumes a diet with 60 percent processed foods and just 10-15 percent whole fruits and vegetables. Most of the health problems in America would be remedied if we fixed our diets.

Will Bulsiewicz, MD, MS
BOARD CERTIFICATION: Gastroenterology & Internal Medicine
MEDICAL DEGREE: Georgetown University
RESIDENCY: Northwestern University
FELLOWSHIP: University of North Carolina – Chapel Hill
HOSPITAL AFFILIATION: St. Joseph’s/Candler, Memorial University Medical Center

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OUR PATIENTS OFTEN ASK US: What they should consider before purchasing a hearing aid. The most important step is selecting a Doctor of Audiology to help guide them through the selection and rehabilitation process. This is a very individualized process as one-size-fits-all does not apply to hearing loss or a patient’s perception of sound.

OUR GOAL IS TO: Provide Savannah area residents with a premiere level of hearing care by offering customized hearing solutions based on an individual’s hearing loss, listening needs, lifestyle and budget. We work with all of our patients to make sure their needs are met and that they have maximized their residual hearing abilities.

Audiology and Hearing Aid Services
Cori Palmer, AuD, CCC-A
Katherine Neufeld, AuD, CCC-A
Susan Timna, AuD, CCC-A
5203 Frederick St. | Savannah 31405
We also serve patients in Pooler, Statesboro, Richmond Hill and in The Village on Skidaway Island 912.351.3038 | 912.598.0516 (Skidaway Island direct)

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LET YOUR FOODIE FLAG FLY!

Rita Slatus, Executive Director
Buckingham South
5450 Abercorn St.
Savannah 31405
912.355.5500
buckinghamssouth.com

ASSISTED LIVING FACILITIES: Address both the health care needs as well as the social and emotional well being of each resident. An assisted living community will provide medication monitoring, daily housekeeping, transportation and stimulating recreational, social and cultural activities.

WHAT SETS BUCKINGHAM SOUTH APART: Is the unparalleled, personalized approach, tailored to provide the highest quality of health care and medical attention. 24-hour, round-the-clock nursing care including a full time registered nurse, licensed medical technicians, certified nursing assistants, a medical director and security are all on call to ensure the finest care. Because Buckingham South is locally owned and operated, management is on location 24-7 to address family questions and concerns and to ensure the highest level of individualized attention.

Buckingham South ................................................................. Page S75
Live Oak Children’s Therapy .................................................. Page S77
Rincon Recovery Resources ................................................ Page S76
T.J. Rutherford, Psychotherapy ................................................ Page S76

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