

MEET THE MEDICAL EXPERTS:

MEDICAL PROFESSIONALS

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Photography by: Teresa Earnest, Christine Hall and Katie McGee

Rita Slatu,
Executive Director

Buckingham South
5450 Abercorn St.
Savannah 31405
912-355-5550
buckinghamssouth.com

ASSISTED LIVING FACILITIES: Address both the health care needs as well as the social and emotional well being of each resident. An assisted living community will provide medication monitoring, daily housekeeping, transportation and stimulating recreational, social and cultural activities.

WHAT SETS BUCKINGHAM SOUTH APART: Is the unparalleled, personalized approach, tailored to provide the highest quality of health care and medical attention. 24-hour, round-the-clock nursing care including a full time registered nurse, licensed medical technicians, certified nursing assistants, a medical director and security are all on call to ensure the finest care. Because Buckingham South is locally owned and operated, management is on location 24-7 to address family questions and concerns and to ensure the highest level of individualized attention.



Anisa Grantham, LPC, NCAC

CERTIFICATIONS: Licensed Professional Counselor, National Certified Addiction Counselor, Licensed Bariatric Educator, Bariatric Life Coach, Professional Speaker

EDUCATION: MEd, Community Counseling, Georgia Southern University

ORGANIZATIONS: American Society for Metabolic and Bariatric Surgery Affiliate, LPCA, GACA, NAADAC

Rincon Recovery Resources and A New Life Bariatrics
613 Towne Park Drive West, Ste. 103, Rincon
912-826-0918 | RinconRecovery.com

I AM A LOCAL EXPERT IN: Food addiction and substance abuse. I strive to provide hope and healing.

MY CHARITY OF CHOICE IS: The United Way. An act of kindness can change lives.

I STAY HEALTHY BY: Practicing meditation and mindfulness. Balance is achieved when I am able to live in the moment.

WORDS TO LIVE BY: Meeting our own needs first is not selfish; it's self care. When I take care of myself, everyone in my life benefits.



TJ Rutherford, Psychotherapy

QUALIFICATIONS: Licensed Clinical Social Worker (GA), Licensed Independent Social Worker (SC)

EDUCATION: MSW, Savannah State University, BS, University of Wisconsin-Oshkosh

ORGANIZATIONS: National Association of Social Workers, Clinical Social Work Association - Savannah

105 Wheeler Court, Suite D | 912-224-0330
therapists.psychologytoday.com/rms/168525

MY SPECIALTIES INCLUDE: Treatment of codependency, anxiety, depression, grief, addiction and relationship issues.

MY CLIENT FOCUS IS: Adults, including individuals, couples and families.

I HAVE A PASSION FOR: Helping individuals develop a healthy curiosity about themselves while addressing the reasons that bring them to therapy. It's a privilege to work with people who are willing to do the work that is needed to invite healing to begin.

I LOVE PRACTICING IN SAVANNAH BECAUSE: It's an exciting and beautiful place to work and live. This city is steeped in history and culture, and it's filled with fascinating people.



Lindsey Smith Roberts M.Ed., CCC-SLP

QUALIFICATIONS:
Speech-Language Pathologist

Live Oak Children's Therapy
314-A Stephenson Ave.
912-355-3392
LiveOakChildrens.com



I HAVE A PASSION FOR: Working with children with communication difficulties. I enjoy working with families to help their children achieve developmental progress. I strive to apply skilled, evidence-based techniques to teach the skills that children need in order to communicate and improve their quality of life and well being.

I LOVE PRACTICING IN SAVANNAH BECAUSE: Being a Savannah native, I am aware of the solid reputation that this city holds for careers in the health sciences.

We are fortunate to have a great network of healthcare providers who are willing to go the extra mile to obtain an appropriate diagnosis and develop a subsequent plan of care. Communication and collaboration between professionals is key, because it takes a team effort to maximize development and progress.

A TOP TREND IN MY FIELD RIGHT NOW IS: The use of technology in the form of Augmentative and Alternative Communication (AAC) Devices to supplement and/or provide a means for verbal

expression. In a society that continues to become more technologically advanced, this provides a motivating and practical method to increase academic, social, and functional performance.

ASK YOUR DOCTOR ABOUT: Any concerns you have regarding your child's speech and language development; who to contact for proper diagnosis and treatment; and how to maximize involvement in your child's plan of care to achieve carryover into their daily environment.